



# DENVER THINGS TO DO

77<sup>th</sup> SWCS International Annual Conference

Check out activities happening in Denver the week of annual conference!

## **Live Music at Apaloosa Grill, starting at 9:00 PM local time each night**

- July 31: Mixed Apes (Local Denver Band)
- August 1: The Westway Bells (Local Denver Band)
- August 2: Brant Williams and Many Colors
- August 3: Gabe Mervine Quartet

For more information on any of these bands, visit <https://appaloosagrill.com/music/>.

## **Denver Museum of Nature and Science**

- Current theme- Egypt: The time of Pharaohs
- Tickets Prices:
  - » Ages 3-18: \$7.00
  - » Ages 18-65: \$9.50
  - » Ages 65 & up: \$7.00
- An 11 minute drive from the Hilton Denver City Center

## **Cherry Creek Shopping Center**

- With over 300 shops, 75 cafes, and 50 spas, Cherry Creek is sure to have something to catch your eye!
- Just an 11 minute drive from the Hilton Denver City Center

For more information, visit <https://visitcherrycreek.com/>.

## **Convergence Station (Meow Wolf)**

- An immersive art experience that takes participants into new dimensions of storytelling
- Ticket Prices:
  - » General Admission: \$49
  - » Ages 4-13, 65 & up, and all military (with ID): \$44
- A 10 minute drive from Hilton Denver City Center

For more information, visit <https://tickets.meowwolf.com/denver/ticket-type/>.

## **Denver Art Museum**

- A 4 minute drive or 17 minute walk, the Denver Art Museum always has something to offer!
- Ticket prices vary

For more information, to see what displays are available, or buy tickets visit <https://www.denverartmuseum.org/en>.



## **Downtown Aquarium: An Underwater Adventure**

- Just an 8 minute drive from the Hilton Denver City Center, the aquarium is located near one of the city's parks and offers various ticketed entry prices
- There are also restaurants and dining options available at the aquarium

To learn more or to purchase tickets, visit <https://www.aquariumrestaurants.com/downtownaquariumdenver/visitorInfo.asp>.

## **Buffalo Bill Museum**

Welcome to the Wild West! Buffalo Bill Cody's exciting story as Pony Express rider, army scout, buffalo hunter and showman comes to life at the Buffalo Bill Museum & Grave, high atop Lookout Mountain. Enjoy views of the snowcapped Rockies in one direction, the Great Plains in the other. For those with strong nerves, drive to the museum on the hairpin Lariat Loop Drive ... then continue to I-70, exit 250, to see [a live herd of buffalo](#).

## **Colorado State Capitol**

- Take a free tour of the Capitol and learn more about Colorado history

For more information, visit <http://leg.colorado.gov/content/book-tour>.

## **Colorado Railroad Museum**

Surrounded by towering Western buttes, the Colorado Railroad Museum combines a spectacular location with more than 100 narrow and standard gauge locomotives, cabooses and cars. Exhibits include a working Roundhouse, model railroads, photographs and artifacts, much of it housed in a replica of an 1880s-style depot. Train rides every Saturday on the Galloping Goose take guests on a third of a mile loop of track, while "Steam ups" and special events including "A Day Out With Thomas" occur throughout the year.

## **Coors Stadium**

"Behind the Seams" tours of Coors Field are available during the offseason and provide a behind-the-scenes look at one of the premier ballparks in Major League Baseball. All tours begin at Gate D (20th & Blake Street). Tours last 75-80 minutes and cover a distance of about one mile. All tours are accessible for guests with disabilities. Also, don't miss the Sandlot, a brewery in Coors Field that is open year-round.

For more information, visit <https://www.mlb.com/rockies>.



## OUTDOOR ADVENTURE

### City Park

- In [City Park's](#) 330 lovely, landscaped acres, you'll find a [public golf course](#), colorful flower gardens, ornate fountains, placid lakes and rolling green lawns perfect for picnics. City Park is home to some of Denver's most popular attractions, including the [Denver Zoo](#), the [Denver Museum of Nature & Science](#), the Martin Luther King Memorial and much more. From June through August, the park plays host to City Park Jazz, with free concerts each Sunday. It's also got unbeatable views of The Mile High City skyline and the Rocky Mountains beyond.
- Just a 10 minute drive from the Hilton Denver City Center.

### Civic Center Park

Located in the heart of downtown Denver, [Civic Center Park](#) is always bursting with life, as tourists and locals take advantage of the beautiful landscaping and vibrant atmosphere of this unique urban park. Many events, such as Civic Center EATS (a food truck festival Tuesdays, Wednesdays and Thursdays in the summer months), the Capitol Hill People's Fair, and A Taste of Colorado are traditionally held in Civic Center Park. This spacious plaza, surrounded by monumental government and public buildings, is a stone's throw from a number of Mile High City attractions, including the [Denver Art Museum](#), the [Denver Public Library](#), the [16th Street Mall](#) and the [Colorado State Capitol Building](#).

### Centennial Flower Gardens

Just steps away from [Elitch Gardens Theme & Water Park](#) and the South Platte River, the Centennial Flower Gardens are a must-see for anyone with interest in gardening. The gardens are patterned after the Gardens of Versailles, with paths and patterned flowerbeds showcasing native species along with other flowers that grow well in Colorado's arid climate. This is a great spot for a refreshing afternoon stroll.

### Elitch Gardens Theme & Water Park

- If you are looking for thrill rides, or a water park to cool off from the summer heat, this is the place for you.
- A 10 minute drive from Hilton Denver City Center.

To buy tickets or find age/height requirements, visit <https://www.elitchgardens.com/>.

### Commons Park

[Commons Park](#) can be found on the banks of the South Platte River in a spot that just happens to be the city's birthplace. It's a pleasing mix of natural and urban influences: Close to 40 percent of the park is covered by native plants, a piece of reconstructed lush "sand prairie" reminiscent of what would have existed in the area originally. Meanwhile, the promenade along Little Raven Street is a tree-lined walkway dotted with many seating areas and entries to connect the park to downtown Denver.

### Washington Park

One of Denver's most popular spots year-round, [Washington Park](#) (nicknamed "Wash Park" by locals) features two lakes (boat rentals are available), flower gardens, innovative playgrounds and countless areas for outdoor recreation. Wash Park is also a favorite for its extensive sports and fitness options, including a recreation center with indoor pool, a bicycle/pedestrian pathway, a crushed granite jogging path, a fitness course, a horseshoe pit, a lawn bowling/croquet area, a soccer field and tennis courts.

## Sunrise Vinyasa Yoga

- Practice your yoga skills before the natural beauty at Denver Botanic Gardens . In the warmer months (roughly April-October), the hour-long vinyasa classes take place outside in the Annuals Garden under the pavilion. The Annuals Garden is one of the attraction's most colorful gardens in the spring and summertime, making it a serene space to practice. With no music, it gives students the opportunity to tune into their breath and sounds of surrounding nature.
- The class invites all levels with postures that promote alignment, flexibility, focus and endurance, and help detoxify the body. Practitioners should bring their own mats and any props they want to use. Also offered: evening vinyasa in Mordecai Children's Garden, kundalini and, occasionally, bilingual yoga.

## Film on the Rocks at Red Rock Amphitheater

- August 1st: Summer of Soul (...Or, When the Revolution Could Not be Televised)
- Ticket Price: \$16
- Doors open at 6:30 PM

## TOURS

### Scootours Denver

- Tour Denver on a Vespa-style scooter! You'll start with a training session to learn how to ride, then head out on a two-hour guided tour. Each tour starts at the Blue Bear at the [Colorado Convention Center](#) — Denver's favorite piece of public art. From there, you'll cover several miles, stopping at some of the city's most popular tourist locations like [Coors Field](#), [Denver Union Station](#), the [Colorado State Capitol](#) and the [Molly Brown House Museum](#), and cruising through the Lower Downtown, Highlands, Cherry Creek and Washington Park neighborhoods. Along the way, you'll learn about Denver's history, architecture, art and more. After the tour, you can rent a scooter to keep exploring The Mile High City on your own. No motorcycle experience is necessary.
- Visit <https://scootoursdenver.com/> to learn more.

### Denver Trolley

- Denver once had an extensive electric-rail system that covered the city and connected it with nearby Golden and Boulder. Trolley service was discontinued in 1950, but you can experience a little piece of history on Car No. 25, Denver's last remaining electric railway car. The Denver Trolley travels on the rails along the west bank of the South Platte River from Confluence Park (behind REI) to lower Colfax Avenue, stopping along the way at the [Downtown Aquarium](#), the [Children's Museum of Denver at Marsico Campus](#) and the Broncos Bridge across from [Empower Field at Mile High](#). A round-trip ride takes about 25 minutes and includes narration about Denver's history. The Denver Trolley runs Memorial Day weekend through Labor Day. All aboard!
- To learn more, visit <http://www.denvertrolley.org/>.

### Aspire Tours

Aspire offers a variety of tour options including various lengths, locations, and motility. To learn more about the tours they have to offer, visit <https://www.aspire-tours.com/>.

### Denver like a Local Tours

- If you want to experience Denver like a local, look no further! Choose from walking, distillery, food, art, and ghost tours.
- Visit <https://www.denverlikealocaltours.com/> to learn more about each option.

### Street Art Self Guided Tours

If you are interested in taking in the scenery on your own, visit <https://www.denver.org/things-to-do/arts-culture/murals-street-art/> to learn more about the murals and street art around Denver.

## DENVER BOTANIC GARDEN



Photo Credit: Denver Botanic Gardens

Denver Botanic Gardens at York Street, presents a wide range of gardens and collections on 24 acres. The gardens reflect an ever-widening diversity of plants from all corners of the world.

Visit their website for more information regarding hours and ticket rates:

<https://www.botanicgardens.org/york-street>

### SPECIAL TOUR AVAILABLE FOR SWCS CONFERENCE ATTENDEES!

Join Annie Barrow, Manager of Horticulture Outreach Programs Wednesday August 3 from (2-3 p.m.) for an exclusive tour of the space. She will provide context to the flora's preferred soil, drainage, and organic matter. Individuals will need to purchase tickets in advance, however there is no additional fee for this special tour!

DENVER BOTANIC  
GARDENS

*For a comprehensive calendar of everything happening in Denver, [visit this link](#).  
For coupons and deals at attractions, restaurants, and shopping spots, [visit this link](#).*